

cyclone
Festival of Cycling



CYCLONE FESTIVAL OF CYCLING

www.cyclonecycling.com

2 - 3 JULY 2021



Welcome to the 2021 Cyclone Festival of Cycling

The Cyclone Festival of Cycling was created in 2007 to encourage as many people as possible to get out on their bikes, get fitter and enjoy the countryside.

This year, this central goal of the festival takes on a new significance as people begin to return to organised cycling for the first time in over 12 months and after the cancellation of our 2020 event.

Therefore, it will be a great pleasure to once again bring cyclists together to enjoy two days events in the beautiful North East of England.

We begin on the evening of Friday 2nd July with the Tyne 6 Bridges Family/Fun rides along the Tyne, through the centre of Newcastle and under the river's many iconic bridges.

Saturday 3rd July sees the emphasis change to longer and more testing routes with the Cyclone Challenge Rides. All four routes - 34, 65, 93 or 108 miles – take riders out into the matchless Northumbrian countryside with its amazing scenery and quiet roads.

Following Government and British Cycling advice, we have introduced a number of measures to keep riders, volunteers and officials safe during the events.

We have included details of some of the more important ones in this document and we'd ask

you to read it carefully and take particular note of timings, including sign-on times, and of parking recommendations for the Cyclone Challenge Rides, which are a little different from previous years.

We'd also ask all our riders to take a little extra care in everything you do. Your patience may be tested at times as some of the simple processes that essential to the running of any cycling event will take just a bit longer this year.

But the essential qualities of the event should remain untouched: providing the simple enjoyment of cycling with friends and fellow cyclists, will remain central to everything we are trying to achieve on the day.

One particularly significant change this year is that the Curlew Cup and Beaumont Trophy Races, normally the climax of the festival, will now take place on Sunday 26th September.

This will enable us to spread the load of organising, whilst also reducing the impact of festival on the local communities upon whom we depend for both support and goodwill.

Finally, I look forward to welcoming you all to the 2021 Cyclone Festival and hope you have an enjoyable and relaxing time simply riding your bikes.

Peter Harrison Organiser

The Tyne 6 Bridges Rides

Friday 2nd July - The Cycle Hub, Ouseburn, Newcastle Quayside NE6 1BU

A gentle ride along flat trails beside one of the UK's most important waterways, where the mix of stunning modern architecture and historic bridges creates a fascinating backdrop.

There are two routes of 10.5 miles and 15 miles, both ideal for those who want a leisurely cycling experience. They are perfect for occasional cyclists or those who want to ride with young families.

The rides use the largely traffic-free Sustrans Routes 72 & 14 along the north and south banks of the Tyne heading out in a westerly direction.

Location & Parking

The event will start and finish at The Cycle Hub, Ouseburn, Newcastle Quayside NE6 1BU, where there is a large, free car park on-site. The nearby Ouseburn Cycle Hub cafe will be open on the day for drinks, snacks etc.

Sign-on/Registration

On the day, sign-on/registration is open from 4pm until 7.30pm.

All riders aged 14 and over must sign on individually. Parents/guardians of children under 14 must sign-on on their behalf. All riders under the age of 14 must be accompanied by an adult during their ride. An adult may accompany more than one child.

To make the process as quick as possible, please bring to sign-on/registration a copy of your entry reference

ID number which you will have received when you originally entered the event (a print-off of the confirmation email is ideal). Alternatively, a driver's licence or similar document with your name on it.

We will be following social distancing guidelines during this process, more details of which you can find on page 6. However, there will also be plenty of clear signage and marshals to help you.

Start Times

You can choose on the day which ride you wish to undertake. Riders will start from 6.15pm onwards. There are no allocated start times - start whenever you want after 6.15pm, but please follow the instructions of our marshals during the pre-start and start (more details on page 6). All riders should aim to complete their chosen ride by 9pm.

Riders will set off in pairs or singly in a steady "trickle", not in larger groups as in previous years. We will aim to get you out on the road as promptly as possible once you are ready to depart. Please follow the directions of marshals and other event staff at all times.

At The Finish

Upon finishing, all riders will receive a T-shirt and Cyclone Goody Bag. Please aim to leave the event relatively promptly.

The Cyclone Challenge Rides

Saturday 3rd July - Newcastle Falcons' Rugby Stadium, Brunton Road, Kenton Bank Foot, Newcastle upon Tyne NE13 8AF

This is the 14th edition of the Cyclone Challenge Rides. Participants will be riding one of four different routes through the beautiful Northumberland Countryside.

GPS route files can be downloaded from the event website – www.cyclonecycling.com

All routes are very well signposted, but we always advise riders to familiarise themselves with their chosen route before the event and to carry a GPS route file.

Route Colour Coding

Route D 108 Miles: Black Route

Route C 93 Miles: Red Route

Route B 65 Miles: Blue Route

Route A 34 Miles: Green Route

Pre-Paid Parking (strongly recommended)

We very strongly recommend you book pre-paid parking spaces at the event HQ, Newcastle Falcons Rugby Club (postcode NE6 1BU). You can find the booking link on the event page on our website. Don't forget to bring your parking voucher on the day.

NOTE: The free Great Park, Park and Ride car park, which we normally use, is not available as it is currently being used as a Covid 19 testing centre. Parking is not available on streets around the event HQ and traffic wardens will be operating.

Changing – Please Arrive Ready To Ride

Due to covid-19 regulations, we can't provide covered changing rooms. Please arrive changed and ready to ride, if possible.

Sign-On Times & Locations

All riders must sign-on for their event individually. We have two sign-on sessions, on the day and on the evening before:

Friday 2 July – Sign-on at Cycle Hub, Ouseburn, Quayside, Newcastle upon Tyne NE6 1BU, 16.00 – 21.00

Saturday 3 July – Sign-on at Newcastle Falcons' Rugby Stadium, Kingston Park, Brunton Road, Kenton Bank Foot, Newcastle upon Tyne NE13 8AF:

- Route-D 108 Miles - 07.00 - 08.00
- Route-C 93 Miles - 08.00 - 09.00
- Route-B 65 Miles - 08.30 - 09.30
- Route-A 34 Miles - 09.30 - 10.30

Please follow the signs and instructions from marshals carefully.

What to Bring To Sign-On

To make the process as quick as possible, please bring a copy of your entry reference ID number which you will have received when you originally entered the event (a print-off of the confirmation email is ideal). Alternatively, a driver's licence or similar document with your name on it.

Your Number & Timing Chip

At Sign-on, you will receive an envelope which will contain your riders number and your timing chip. Keep hold of the envelope as it has your T-shirt size reference printed on it, presentation of which will speed up the collection process after your ride has finished.

Start Times

The following are recommended start times which we ask you to adhere to if possible, though we are reasonably flexible.

- Route D 108 Miles: 08.00 - 08.45
- Route C 93 Miles: 08.45 - 09.15
- Route B 65 Miles: 09.15 - 10.45
- Route A 34 Miles: 10.45 - 11.15

Riders will set off in pairs or singly in a steady "trickle", not in larger groups as in previous years. We will aim to get you out on the road as promptly as possible once you are ready to depart. Please follow the directions of marshals and other event staff at all times.

Timing

Results Base Timing Systems will set up a timing chip scanning system for the event. Timing locations are out on the public road, just before and after the stadium. This means you can relax during the roll-out from the stadium and roll-in upon your return as timing starts and ends on the “open road”.

Feed Stations & Support

Feed stations are located at Netherwitton, Elsdon, Cambo, Humshaugh, Stamfordham, where free energy drinks, bars and bananas will be available, with additional hot drinks, cakes and sandwiches for sale.

All feeds except Cambo are also first aid stations and all have radio contact with the event HQ. They are also timing points around the course to keep tabs on where all riders are.

A mobile ambulance will be available from 08.00hrs.

The National Escort Group (NEG) will have 5 motorcycle riders out and about to supervise riders and monitor all four rides. Three service cars will be provided to sweep the ride routes to identify any riders in need of mechanical assistance or recovery.

All riders will be given an emergency number to call in case of emergencies.

Charity & Local Community Support

We are very pleased that St Oswalds Hospice, a wonderful local charity, will be manning the Humshaugh feed station. Look out for their distinctive collection boxes and please make a donation, if you can.

We also rely very heavily on local community support and many of the villages on the route will be selling cakes, sandwiches and teas to raise money for local community facilities and projects. Their fund-raising has been badly hit by the pandemic, so we'd love you to set aside a small budget to spend on tasty treats around the route. You'll not be disappointed by the culinary delights on offer and you'll be really helping the local communities.

Insurance

Every rider has event insurance from British Cycling, provided as part of their entry.

Conduct

Please behave courteously towards other road users, fellow participants and local residents throughout your ride. In particular, please don't ride more than two abreast and please show consideration for the safe and free passage of other road users. Our roads are quiet and friendly. Please help this to continue.

Horses are often seen out on the routes and are easily spooked by cyclists they don't hear approaching. A polite vocal greeting is a great way to keep yourself and the horse and rider safe.

We are very proud of the unique beauty of our rides – please take all your litter home or dispose in the bins provided at feeds and the finish.

At the Finish

Your finish time will automatically be recorded by timing sensors just before you turn back into the event HQ. We will not be printing off finishing times this year. Please visit our website after the event for finishing times.

When you have finished your ride you should promptly collect your Goody Bag and T-shirt. Simply show the helpers your sign-on envelope to claim these.

Images & Certificates

Photographs: The Official photographers for the Challenge rides are Marathon Photos. Their photos will be available at www.marathon-photos.com within 48hrs. Download your personalised certificate post-event from the same website.

Maps

Maps and digital files of all four routes are available on our website cyclonecycling.com – go to the Cyclone Challenge Rides page and look for “Route Maps” in the sub-menu.

Cyclone Festival of Cycling Covid-19 Information For Participants

The Cyclone Festival of Cycling's Covid-19 measures have been prepared in accordance with UK Government/DCMS (Step 3 of UK Government Roadmap) regulations and advice per national briefing 14/06/2021 and the British Cycling Way Forward Issue 2 updated 24/05/21 (Step 3 of UK Government Roadmap).

Risk Assessment

Amongst the measures we're taking to make the 2021 Cyclone Festival of Cycling safe are the following:

- Additional signage and marshals
- Registration undertaken outdoors rather than indoors.
- Pre-event payment means that registration/sign-on involves a riders simply showing ID, so there is no pen sharing etc.
- Management of toilet queues, plus regular cleaning of busy areas & facilities like toilets
- Assembly outdoors with staggered arrivals and departures

Your Covid-19 Status

You are asked not to attend the event if you or anyone in your family, work or social contacts have any symptoms of Covid 19 or if you have been advised to take a test or isolate due to being exposed to someone diagnosed with Covid 19.

Facilities

All facilities have confirmed they will be operating to Covid 19 regulation guidance. Kingston Park Stadium is currently operating to a Covid 19 secure event protocol, to which the Cyclone event will adhere.

Event Registration

Event Registration/Signing On will be done by the Registration Team following a visual ID of Participant documentation (i.e. no pens/paper). Friday evening registration (for both events) will be held outdoors with appropriate social distancing (minimum 1 metre). Saturday morning registration will be held outdoors, in Kingston Park West Stand concourse following the venue's social distancing protocol of 2 metres, which will be supported by information signs and marshals.

Pre-Event Rider Assembly and Event Start

Pre-Event Assembly for the Tyne 6 Bridges event will be in family/social groups of up to 30 riders, socially distanced

with 2 metres between groups and maintaining a minimum distance of 1 metre distance within the group. Group size of up to 15 riders will then be released on to the route allowing gaps between groups to be maintained.

Pre-Event Assembly for the Cyclone Challenge Rides will be staggered over 4 hours allowing time and space to socially distance groups of up to 30 riders with 2 metres between groups maintaining a minimum of 1 metres distance within groups.

Post Event

Riders will be able to collect goody bags and refreshments in a safe way and are then asked to leave the event promptly and avoid prolonged socialising.

Sanitisation Stations

Sanitisation Stations (gel/wipes sprays/cloths) will be available at all registration points and feeding stations and toilets. Single use refreshments will be used where possible. Where this is not possible, sanitisation will take place after each use – for example with water/energy drink containers.

First Aid

First Aiders (St John Ambulance) will follow medical protocol for close contact treatment and transportation.

Physiotherapy

Physiotherapy Matters who will be working at the Challenge Rides start/finish area will be set up outdoors and deliver within practitioner Covid 19 guidelines for close contact treatment.

Technical/Bike Breakdown Support

Technical support to avoid close contact during maintenance/repair however if a rider requires transportation, masks will need to be worn in vehicle. Riders are advised to carry a mask at all times.

Test and Trace

As all riders must pre-enter the event and register/sign-on against those entry details to take part in the rides. Therefore relevant contact details are available for any NHS Test and Trace contact. Contact details are securely kept as required by the Data Protection Act 2018.